

Hilltop Notes

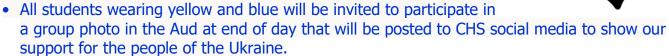
for the CHS Community 3.9.22

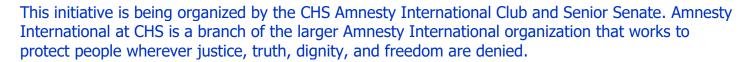


United for Ukraine: Friday, March 11

CHS will be 'United for Ukraine' on Friday! Students and staff are encouraged to support the people of Ukraine in the following fashion on Friday:

- Wear yellow and blue to school.
- Make a donation during homeroom. All donations will be given to the Red Cross's effort to provide relief to the people of the Ukraine.
- Everyone who donates at least \$1.00 will be given a ticket that will allow them to wear a hat in school all day Friday.





Student Sign-outs

A reminder that BPS policy does not allow students to sign themselves out of school, even if they are 18 and drive themselves. All students must be signed out by a parent or parent-approved adult.

Community Vaccination Clinic at City Honors This Saturday

City Honors and the Erie County Department of Health will host a community COVID vaccination clinic at City Honors this Saturday (March 12 and April 2) from 9:00am-12:00pm. **All members of our community, age 5 and up, are invited to participate.** All vaccinations and costs are handled by the County. The clinics will offer First Dose, Second Dose (April 2 at City Honors), Booster Shot and Pediatric Vaccine for ages 5-11. People attending the clinic may park in our main lot on North Street (encouraged for people with mobility issues) or on Fosdick Street. We have plenty of parking on Saturdays. Please share this flyer!

Baseball News for Grades 5-12

- -There will be a meeting for all 7-12 grade boys interested in playing varsity or JV baseball on Thursday March 10th after school in the gymnasium.
- -Baseball tryouts for JV and Varsity will begin on Monday March 14 time TBA



-All 5th-8th graders are welcome to join a two day skills camp on Friday March 11 from 4-5:30 and Saturday March 12 from 10:30 to 12:00 noon at CHS.

Questions? Coach McMahon can be reached at jmcmahon@buffaloschools.org or 716-353-1255

Revocation of Working Papers

Under NYS Law, schools can, and do, revoke working papers for students who are not in good academic standing. The education of minors in our state takes priority over working. Please keep those grades in good shape if you are a Centaur who is working!

Free COVID Testing

The ECDOH offers free, walk in rapid ID Now and PCR testing at 608 William St Buffalo, NY from 9AM-3PM and at 3359 Broadway Cheektowaga, NY at 8AM-PM M-F. <u>Click on this link</u> for more information on these sites.

Congrats Serena!

Congratulations to Serena Newell '23 who was recently awarded a Launching Scholars scholarship which will enable her to attend the United States Advanced Cyber Academy at in Huntsville Alabama this summer! Serena's scholarship was sponsored by Launch Tech whose founder and CEO is Venus Quates, City Honors Class of 1997!

Join CHS Spring Sports Teams Now!

Spring JV and Varsity sports at CHS start Monday, March 14. If you are looking to join a team, please follow this link to more information.

CHS Students Named to All-County Orchestra

A select group of CHS string players were chosen, out of all young musicians in the county, to participate in the Erie County Orchestras! The following CHS students were accepted into the Elementary All-County Orchestra and will be performing at Kleinhans Music Hall on Saturday, March 12th.

- Christian Thomas
- Henry Huebner
- Grace Rio
- Stella Mann
- Lucy Pendley
- Benjamin Kelly (Alternate)

CHS students from grades 7-9 that were accepted into the Junior High All-County Orchestra and will be performing at Akron High School on Saturday, March 19th are:

- Tara Land
- River Braverman
- Aidan Rio
- Yairim Perales Ayala (Alternate)
- John McAndrew (Alternate)

Thank you to Ms. Czyz for helping to coordinate and prepare our students for this experience!

CHS National Merit Finalists

Congrats to Manu Anpalagan '22 and Brennan Overhoff '22 who have been named National Merit Finalists. Out of approximately 1.5million students who participated this year, 15,000 have been named finalists. Good luck in the next round fellas!

Boys Swim Team Recap

The boys varsity swim team remained undefeated in dual meets this season, clinching the Syracuse Cup. The boys also won the All-High Championship swim meet in the city. Gage Hohle, Declan King, Emmett King, Nathan Lloyd, and Christopher Towles-Schwen participated in post-season swimming at the Class C Championships at Clarence High School. Declan also qualified for Sectionals at ECC, where he broke his own City Honors 100 Backstroke record with a time of 0:59.82!

Hardwork and Growth Mindsets Propel CHS Speech & Debate Team to New Heights

The City Honors Speech and Debate team just completed a historic, undefeated season! Competing against over a dozen area schools from the Buffalo, Rochester and Leatherstocking regions these last 5 months, City Honors placed 1st in each of the 10 tournaments they participated in this season. Furthermore, a record 30 students qualified for the New York State Forensics League championship held in late April to compete against schools from across the state! Once again the New York State Tournament will be held virtual instead of on the Hofstra University campus, but we hope to return in-person next season.

The following students qualified in their respective categories by either placing 1st or 2nd at 2 tournaments, or by strong performances at the Regional Qualifying Tournament held on 2/12:

Duo Interpretation - Aaron Weinmann and Jeronimo Silva

Original Oratory - Shoshana Hertz & John Lonke

Declamation - Sophia Bensch, Nin Lay, Elizabeth Patrone, Madoka Aldstadt, Ayeeza Modassar & Abby Kennedy

Dramatic Interpretation - Liam Rio and Annika Wilewicz

Lincoln Douglas Debate:

Roman Rogalski

Holden Endres

Salimata Sylla

Luke Sheehan

Anyiang Yak

Emma Huq

Haya Elamir

Julia Chiriboga

Ciah Courtney

Zach Lofario-O'Neill

Public Forum Debate: Trinity Barnes & Tydeja Kemp Liam Cobb & Sebastian Cole Jake Baldwin & Zach Biniszkiewicz Amelia Colder & Charlotte Colder Tiahnee Porter & Xiamora Lahmaar

All of these students will compete in over 7 rounds in this marathon tournament that is held over 2 days! Congratulations to all on a stellar season and good luck at States!

Wellness Periods

Last Friday, 3/4, was the fourth wellness period of the year for all students at City Honors. These wellness periods are held to introduce students to self-care and skills to enhance emotional wellbeing. So far, they've learned various self-care strategies such as deep breathing, yoga, and this time, journaling.

Thanks to the generosity of a Donors Choose project, every student in the school received their own journal and some instruction on the benefits of journaling.

There are many self-care resources available on the Students 195 Schoology page at these links: Middle School Resources and High School Resources

At right is a photo of some of our students enjoying using their journals.



Thank you to the members of the CHS Student Support Team for organizing these days for our students!

CHS Annual Fund

The 2021-22 CHS Annual Fund continues to receive donations from CHS families, alumni and friends of the school. Thank you to all families and staff who have already sent in their donations or have given through the United Way or SEFA. You can make your family's donation and learn more about the CHS Annual Fund at this link. When EVERY CHS family contributes to the Annual Fund, EVERY student at CHS benefits!

Reminders for Our Families During This Time of COVID

Keep Our CHS Students and Staff in School- Keep Our Families Safe!: We strongly encourage you to consult with your family doctor about having everyone five and older in your household vaccinated for COVID/receive a COVID booster where applicable. Need more reasons to get vaccinated? Read more from the CDC. This is a critical matter for our school to function and to keep our community safe!

Reporting COVID Cases in Your Household: Please email news of any COVID cases in your household to Ms. Hamilton, one of our three assistant principals, as well as Nurse Cammarata. These staff members are managing our COVID safety initiatives and response. It is important that you email Ms. Hamilton (thamilton@buffaloschools.org) and Nurse Cammarata (dcammarata@shccares.com) as this will allow them to receive your communication outside of school hours and provide the quickest possible response. They will need to know your child's name, grade, if they are vaccinated, and both when the student started having symptoms and when they tested positive (if this has occurred.) They will outline next steps for your family as it pertains to school. **Please do not leave voicemails or messages in the main office.**

As we stay indoors more and more due to the cold weather, the COVID virus has a greater opportunity to jump from person to person. We are emphasizing good safety practices with our students including distancing, proper mask wearing and hygiene. Please stress these practices with your child at home and with family members. We strongly encourage anyone in your household approved by your family doctor and eligible to receive the flu and COVID vaccines to receive them as soon as possible, if they have not already. These steps will help to keep our students and staff in school where they need to be!

COVID Testing: COVID-19 testing is a great way to monitor and contain the spread of the virus. The Erie County Department of Health (ECDOH) has ended its partnership with Buffalo Homecare, Inc., and Quadrant Biosciences, Inc. Laboratory for in-school COVID testing. Buffalo Schools is awaiting information on who the new provider of this surveillance screening will be. In the interim, we are sharing that the Erie County Department of Health now offers walk-in sites for COVID testing at the following locations: 608 William Street, Buffalo (Erie County Health Clinics) and 3359 Broadway, Cheektowaga (Erie County Emergency Training and Operations Center).

Thank you for working with us to help fulfill our goal of keeping our buildings safe and open for instruction.

Daily COVID-19 Health Screener: Families and staff should complete the daily health screener once again each day BEFORE they leave for school. <u>This link will take you to this year's screener</u>. Families are encouraged to paste the link into the 'reminder' app on their smart phone to alert you each morning.

When You Need A Helping Hand

BPS Staff and Family Helpline: The Buffalo Public Schools have established a 'Staff and Family Helpline' at 716-816-7100 to provide answers within 24 hours to our most frequently asked questions in the areas of Technology, Mental/Physical Wellness, Instruction and Professional Development, Culturally and Linguistically Responsive Initiatives (CLRI), Multilingual, Elementary and High School needs, Food Services, Child Care, and Volunteerism. If you need assistance in any of these areas, please contact the hotline number.

The CHS Student Support Team (SST): If you are seeking additional support or assistance, please do not hesitate to make a referral to the CHS SST. The Request for Assistance Form can be found at this link. Once your form is submitted, a member of the SST will be in contact with you.

Mental Health Supports: Here is a <u>quick reference guide</u> which provides contact information for mental health support from the Buffalo Public Schools and our partner organizations.

Connect with CHS!

Click on the following links to better connect with the CHS Community

CHS Website

CHS on Facebook

CHS on Twitter

CHS on Instagram

Pelion Outdoor Classroom at City Honors

Easy/No Cost Ways to Support City Honors

Fosdick Field Restoration Project

City Honors/Fosdick-Masten Park Foundation

CHS PTSCO (Parent, Teacher, Student, Community Organization)

New York State Dignity Act (DASA) Information

Children are endangered by underage house parties and underage drinking. Concerned adults, teachers, students and friends can call 24 hours a day in Erie County to report planned underage drinking parties; underage drinking parties in progress or other activities that may be harmful to the health, safety and welfare of young people. The tip line (1-800-851-1932) is ANONYMOUS, CONFIDENTIAL and free. Erie County now has a "Social Host Law" that holds adults accountable for allowing minors to drink. LEARN MORE