

ATTENDANCE

Every day counts!

Regular attendance in prekindergarten is essential for building the academic and social-emotional foundation young children need to thrive in school and beyond. In these early years, students develop critical skills in literacy, numeracy, and problem-solving, while also learning routines, forming relationships, and gaining confidence.

What You Can Do to Support Attendance:

Establish a routine

- Wake up at the same time each day
- Have a healthy breakfast
- Create a calming bedtime routine
- Regularly review and adjust the routine to meet evolving needs

Make attendance a priority

- Attend school except when genuinely sick (fever, etc.)
- Missing school means missing valuable learning experiences

Positive reinforcement

- Praise your child for milestones

Set attendance goals

- Aim for perfect attendance for a week or a month

Communicate with the teacher

- Address concerns promptly
- Engage in discussions about the school day

Talk about school positively

- Ask open-ended questions like: “What was the most interesting thing you learned?” or “Tell me about a fun moment with your friends”

Address anxiety or concerns

- Listen actively to concerns and reassure that it’s okay to feel anxious
- Validate your child’s feelings to show understanding and support for their emotions

Stay healthy

- Ensure regular sleep
- Staying healthy reduces illness and school absences

Did you know...

Missing just one or two days of school every few weeks can make it more difficult to:

- Gain reading and math skills
- Be prepared for kindergarten
- Build relationships