

How to Join CHS Fall Sports Teams!

Step #1: Email the coach to let them know you are interested in participating!

| | | |
|----------------------------|----------------|--------------------------------|
| Boys Varsity Soccer | Mr. Massaro | dmassaro@buffaloschools.org |
| Boys JV Soccer | Mr. Catalano | jcatalano@buffaloschools.org |
| Girls Varsity Soccer | Mr. Milne | jasonmilne76@gmail.com |
| Girls JV Soccer | Mr. Smith | nsmith14220@gmail.com |
| Boys Varsity Volleyball | Mr. Juergens | cjuergens@buffaloschools.org |
| Boys JV Volleyball | Mr. Gibson | jgibson@buffaloschools.org |
| Girls Varsity Volleyball | Ms. Matos | dmatos@buffaloschools.org |
| Girls JV Volleyball | Ms. McClean | sherrellmclean1@gmail.com |
| Girls Varsity Swim | Mrs. Yager | jmyager@buffaloschools.org |
| Coed Varsity Cross Country | Dr. Van Remmen | mcvanremmen@buffaloschools.org |
| Boys Varsity Golf | Mr. Krause | ajkrause@buffaloschools.org |
| Girls Varsity Golf | Mr. Kudla | jkudla@buffaloschools.org |
| Girls Varsity Tennis | Ms. Juergens | kjuergens@buffaloschools.org |
| Hutch-Tech Football | Mr. Truilizio | atruilizio@buffaloschools.org |

The BPS athletic department will provide more information regarding fall middle school athletics shortly.

Step #2: Be sure you have a physical completed.

If you have a current physical from your doctor on-file in the CHS nurse's office in the past 12 months that states 'full activity without restrictions' then you do not need a physical at this time.

If you do not have a physical on-file, you can register to have a BPS nurse practitioner complete a physical for you [at this link](#). You will need to complete the parent consent portion of [this form](#) and bring it to your BPS physical.

Finally, **All Families Must Complete** the [Health History Interval form](#) within in 30 days of the start of a sport. Whether a child is waiting for their sports physical to be completed or they already have one on file, this form still needs to be completed and returned to the health office.

If you have any questions, concerns or need to check on what is currently on file in the health office, please feel free to call CHS Nurse, Anna Banks, at 716-816-4239 or email arbanks@buffaloschools.org.

Step #3: Get to Practice!

Coach-led practices begin in New York State on August 23rd! Your coach can tell you the time and location of your first practice on August 23rd when you email them.

Are you a grade 7 or 8 student interested in JV or Varsity athletics?

Grade 7 and 8 students in New York State who would like to join a JV or Varsity team MUST pass the NYS Athletic Placement Process (APP) Test. To set up a testing date, please notify the coach of the sport you would like to join that you would like to take the APP and they will set up a date for you to test. **Don't delay** as we would like to have you tested and ready to start practice August 23 if you qualify. Questions about the NYS APP? Contact Ms. Juergens, CHS lead teacher for PE and Health, at kjuergens@buffaloschools.org