

How to Join CHS Fall Sports Teams!



Step #1: Email the coach to let them know you are interested in participating!

Varsity Boys Soccer	Coach DiNunzio	mdinunzio@buffaloschools.org
JV Boys Soccer	Coach Krull	rlkrull@buffaloschools.org
Varsity Girls Soccer	Coach Milne	jasonmilne76@gmail.com
JV Girls Soccer	Coach Massaro	dmassaro@buffaloschools.org
Varsity Boys Volleyball	Coach Heil	pheil@buffaloschools.org
JV Boys Volleyball	Coach Wilkinson	jawilkinson@buffaloschools.org
Varsity Girls Volleyball	Coach Matos	dmatos@buffaloschools.org
JV Girls Volleyball	Coach McLean	sherrellmclean1@gmail.com
Varsity Girls Swim	Coach Yager	jmyager@buffaloschools.org
JV/Varsity Co-ed Cross Country	Coach Van Remmen	mcvanremmen@buffaloschools.org
Varsity Boys Golf	Coach Krause	ajkrause@buffaloschools.org
Varsity Girls Golf	Coach Kudla	jkudla@buffaloschools.org
Varsity Girls Tennis	Coach McMahon	jcmahon@buffaloschools.org

Step #2: Be sure you have a physical completed.

If you have a current physical from your doctor on-file in the CHS nurse's office in the past 12 months that states 'full activity without restrictions' then you do not need a physical at this time.

If you do not have a physical on-file, you can register to have a BPS nurse practitioner complete a physical for you [at this link](#). You will need to complete the parent consent portion of [this form](#) and bring it to your BPS physical.

Finally, **All Families Must Complete** the [Health History Interval form](#) within 30 days of the start of a sport. Whether a child is waiting for their sports physical to be completed or they already have one on file, this form still needs to be completed and returned to the health office.

If you have any questions, concerns or need to check on what is currently on file in the health office, please feel free to call CHS Nurse, Denae Cammarata, email dlcammarata@buffaloschools.org.

Step #3: Get to Practice!

Coach-led practices begin in New York State on August 22nd! Your coach can tell you the time and location of your first practice on August 22nd when you email them.

Are You a Grade 7 or 8 Student Interested in JV or Varsity Athletics?

Grade 7 and 8 students in New York State who would like to join a JV or Varsity team **MUST** pass the NYS Athletic Placement Process (APP) Test once during grade 7 or 8. Our PE/Health faculty will be holding APP testing in August for students in grades 7 & 8 who have not passed the test yet. Students wishing to participate should email Mrs. Yager (jmyager@buffaloschools.org) **AND** Mr. Kudla (jkudla@buffaloschools.org) to schedule a time and date for testing.

Additional Notes Regarding Athletics: The temporary BPS athletic director has notified us that he has eliminated girls field hockey, with the exception of current seniors already participating. After a three-year hiatus, he has indicated he plans to bring back one modified (grade 7/8) sport this fall (flag football). However, students will need to travel to play on a "zone team". We have not received any additional details as of the date of this publication. **Information about CHS club sports not organized by the school district can be found at the CHS Parent, Teacher, Student Community Organization (PTSCO) website [at this link](#).**