# How to Join CHS Spring Sports Teams!

# <u>Step #1</u>: Email the coach to let them know you are interested in participating!

Varsity Boys Baseball	Coach McMahon	jmcmahon@buffaloschools.org
JV Boys Baseball	Coach Gardner	ggardner@clarenceschools.org
Varsity Boys Lacrosse	Coach Catalano	jcatalano@buffaloschools.org
JV Boys Lacrosse	Coach VanEvery	cayugawolf19@gmail.com
JV Girls Lacrosse	Coach Weatherston	jlweatherston@buffaloschools.org
Varsity Girls Softball	Coach Matos	dmatos@buffaloschools.org
Varsity Boys Track & Field	Coach Mueckl	kmueckl@buffaloschools.org
Varsity Girls Track & Field	Coach Van Remmen	mcvanremmen@buffaloschools.org
Varsity Boys Tennis	Coach Kudla	jkudla@buffaloschools.org
Varsity Co-Ed Unified Basketball	Coach Krause	ajkrause@buffaloschools.org

#### Step #2: Be sure you have a physical completed.

If you have a current physical from your doctor on-file in the CHS nurse's office in the past 12 months that states 'full activity without restrictions' then you do not need a physical at this time.

You will need to complete the parent consent portion of this form and bring it to your BPS physical.

Finally, **All Families Must Complete** the <u>Health History Interval form</u> within 30 days of the start of a sport. Whether a child is waiting for their sports physical to be completed or they already have one on file, this form still needs to be completed and returned to the health office.

If you have any questions, concerns or need to check on what is currently on file in the health office, please feel free to call CHS Nurse, Denae Cammarata, email <u>dlcammarata@buffaloschools.org</u>.

## Step #3: Get to Practice!

**Coach-led practices begin in New York State begin shortly!** Your coach can tell you the exact time and location of your first practice when you email them.

## Are You a Grade 7 or 8 Student Interested in JV or Varsity Athletics?

Grade 7 and 8 students in New York State who would like to join a JV or Varsity team MUST pass the NYS Athletic Placement Process (APP) Test **once during grade 7 or 8**. Our PE/Health faculty will be holding APP testing for students in grades 7 & 8 who have not passed the test yet. Students wishing to participate should email Mr. Moretta (<u>mmoretta@buffaloschools.org</u>) to schedule a time and date for testing.

<u>Additional Notes Regarding Athletics</u>: We continue to receive concerns about the elimination of building-based modified sports teams in BPS. CHS students will now need to travel to 'zone' locations if they want to play modified sports. Please understand that athletics in BPS is centrally coordinated by the school district. The decision to eliminate these programs was not a school-based decision. Families with interest in joining the zone team for middle school track in the spring and the ability to transport their child to-and-from the zone location can find registration information <u>at this link</u>.