

How to Join CHS Winter Sports Teams!

CITY HONORS SCHOOL

**CENTAUR
ATHLETICS**

Step #1: Email the coach to let them know you are interested in participating!

Varsity Girls Basketball	Coach Gardner	ggardner@clarenceschools.org
JV Girls Basketball	Coach Lester	llester@buffaloschools.org
Varsity Boys Basketball	Coach Badger	dbadger2@buffaloschools.org
JV Boys Basketball	Coach Heil	pheil@buffaloschools.org
Varsity Boys Swim	Coach Yager	jmyager@buffaloschools.org
Varsity Bowling (Co-ed)	Coach Krause	ajkrause@buffaloschools.org
Unified Bowling	Coach Krause	ajkrause@buffaloschools.org
Cheer Team	Coach Blidy	eablidy@buffaloschools.org

Step #2: Be sure you have a physical completed.

If you have a current physical from your doctor on-file in the CHS nurse's office in the past 12 months that states 'full activity without restrictions' then you do not need a physical at this time.

You will need to complete the parent consent portion of [this form](#) and bring it to your BPS physical.

Finally, **All Families Must Complete** the [Health History Interval form](#) within 30 days of the start of a sport. Whether a child is waiting for their sports physical to be completed or they already have one on file, this form still needs to be completed and returned to the health office.

If you have any questions, concerns or need to check on what is currently on file in the health office, please feel free to call CHS Nurse, Denae Cammarata, email dlcammarata@buffaloschools.org.

Step #3: Get to Practice!

Coach-led practices begin in New York State on August 22nd! Your coach can tell you the time and location of your first practice on August 22nd when you email them.

Are You a Grade 7 or 8 Student Interested in JV or Varsity Athletics?

Grade 7 and 8 students in New York State who would like to join a JV or Varsity team MUST pass the NYS Athletic Placement Process (APP) Test **once during grade 7 or 8**. Our PE/Health faculty will be holding APP testing for students in grades 7 & 8 who have not passed the test yet. Students wishing to participate should email Mr. Moretta (mmoretta@buffaloschools.org) to schedule a time and date for testing.

Additional Notes Regarding Athletics: We continue to receive concerns about the elimination of middle school cross country for the fall in BPS and the elimination of most BPS middle school girls and boys basketball teams during the winter, including the CHS middle school basketball teams. CHS students will now need to travel to 'zone' locations if they want to play on a middle school basketball team. Please understand that athletics in BPS is centrally coordinated by the school district. The decision to eliminate these programs was not a school-based decision. Our school strongly believes that accessible athletic opportunities for all students are critical to student development. Inquiries about the elimination of these sports should be directed to the Assistant Superintendent for Athletics or members of the Board of Education who govern such changes rather than contacting our school-based administrators. Families with interest in joining the zone team for middle school basketball and the ability to transport their child from the zone location can find registration information [at this link](#). Information about CHS club sports not organized by the school district can be found at the CHS Parent, Teacher, Student Community Organization (PTSCO) website [at this link](#).