



KENMORE / CITY HONORS



Hello Field Hockey Players and Families,

I wanted to reach out and start the ball rolling with sign ups for the upcoming season. During this insane time, even though things are on a complete stand still hold, I wanted to get the word out about sign ups and the link to the google doc, please fill it out so when we are given the green light and the quarantine is over, information will be sent out about the FREE summer clinic - Skills n Drillz and then information about this season's tryouts.

For those who are NEW to field hockey, no experience necessary!!! That's right, no experience necessary! Here is the equipment that you need – field hockey stick, goggles, ball, mouth guard, cleats (no metal cleats) and shin guards.



STX Hinder Field Hockey Shin Guards – they need to come up under the knee.



Field Hockey stick needs to come to the athlete's hip – typically 34 inches to 36 inches...all sticks are one way (right handed) have no fear if you are a lefty, that's not a problem! TRUST ME!! WE teach reverse stick skills!!



Goggles - ASTM F213-09 requirements for field hockey needs to be on the goggles. If you are ordering them, MAKE SURE THEY HAVE THIS STAMP ON THEM, otherwise they are illegal!



Here is the link for sign ups so you will be notified of the clinics, tryouts and other little odds and ends. Parents, please feel free to put your email on as well, please specify "Parent of (child's name) in the school/grade spot. Parent involvement is necessary, we are all a team, parents included!

https://docs.google.com/spreadsheets/d/1KRE7VH539mLzGBCLMkJ_vN-bj4QhIxzBs-dQLgBYLBQ/edit#gid=0

Please feel free to spread the word and I'm looking forward to seeing everyone soon, fingers crossed!! If you need anything, don't hesitate to reach out – I have plenty of stick skill drills to play around with at home – stay safe ya'll and see you on the field soon!!

Coach Jenkins

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